



High School Hockey Policy

Understanding that each of you would like to also play hockey school hockey, it is important that we understand the parameters as it affects the Association.

We do encourage you to play high school sports but with the understanding that the London Jr Knights is your primary focus. High school sports cannot be at the expense of your own team and the commitment that you have made to your coaches and teammates for the season.

With this in mind, we do have rules in place in terms of participation on your high school team.

- If there is a game conflict, high school league or high school tournament, then your London Jr Knights game takes priority
- No high school games or practices on game day
- If you choose to play on game days you will not participate in your London Jr Knights game and will be a healthy scratch for the game
- There will be an exception to this policy for schools that participate in special early day league games i.e. Gold Cup Games as these games are generally played at 10:00am or noon and will not affect your game day play if there is a conflict