



## Respect in Sport (RiS) – Frequently Asked Questions

### **What is Respect in Sport?**

RiS is an e-learning program for coaches, trainers, managers and any adult with a supervisory role over youth involved in hockey. It is designed as a tool to assist participants in identifying and dealing with abuse, neglect, harassment and bullying in sport.

### **Why is this being offered?**

The RiS Online certification provides another option for those ALLIANCE Hockey participants seeking the certification. NOTE: If you have previously completed a Speak Out/Prevention Services Clinic, you are not required to complete the RiS program.

### **How is Respect in Sport implemented?**

The on-line course curriculum is broken into six (6), 30 minute modules hours to complete and includes audio/visual presentations, quizzes and printable handouts. Another beneficial feature of the program is that it does not need to be done all at once, it can be completed at your leisure (within the 30-day maximum).

### **What equipment is required to use Respect in Sport?**

All that is required to complete the Respect in Sport curriculum is a computer, in internet connection and speakers or a headset. Optional equipment includes a printer to print the handouts and/or your certificate of completion.

### **What if I don't have a personal computer?**

Respect in Sport is internet based so it is accessible from any community computer, your work, library, a friend, school, etc. Your information will be confidential as you log on with your own password to access the program each time.

### **What if I don't have a high-speed connection?**

The course is designed to be accessible from any PC using a dial-up or high-speed internet. Once modules are downloaded, the user experience is the same at any speed. The speed of download is completely dependent on the connection speed.

### **What if I don't know anything about computers?**

Through extensive research and development, the program was designed, first and foremost, to be user friendly. It is extremely simple to use and has been implemented and tested by many sport organizations with little or no reported difficulties. There is also an online "Help" feature and a 1-800 support line available.



### **Is there a paper version of the Program?**

No! This is by design. We are forever creating paper that costs lots of money and sits in the corner unused. Respect in Sport's online courseware eliminates the need for our organization to absorb printing, mailing and administration costs. Respect in Sport also gives you ongoing access to the course once you've completed it, as an online resource. There are some documents you can print if you want them but that is your choice.

### **As a volunteer am I being asked to do another course?**

No. This simply replaces the in class Speak Out clinic. It really is one of the most important courses you will take as a volunteer who is responsible for teaching and training athletes. With this training you should feel more confident in dealing with issues relating to abuse, neglect, bullying and harassment and hopefully, feel much more secure in this often overlooked area. This course will protect you and the young people in your care and hopefully, make you feel more comfortable being a volunteer.

### **How long is the course?**

It is a total of three hours but it is split into 6 simple half hour modules.

### **Do I have to do it all at once?**

That's the beauty. You can do it at your leisure. Just come and go as you please. The program knows where you left off and brings you back to the point when you next sign in.

### **What is the deadline?**

Participants will be required to complete the RiS certification within 30 days of logging into the program. Certification will not be granted until the course has been successfully completed and normal ALLIANCE Hockey registration/roster regulations apply.

### **What are the benefits for a volunteer?**

- It will help you better understand the responsibilities, reward and respect that come with being a volunteer.
- It will make you more confident in identifying and dealing with abuse, neglect, bullying and harassment.
- It will ensure a safer and more respectful environment for you, other coaches and the children in your care.
- As a more knowledgeable volunteer, it will also better mitigate your own personal liability associated with this very volatile area within sport.



**I'm just helping out, I'm not the coach. Why should I have to take the course too?**

Anyone who is in a leadership position with our youth and involved in sport needs to have this knowledge.